



# **Job Opportunity**

## **Resource Centre & Outreach Support Worker**

**Are you passionate about mental health and looking for a new challenge?**

**Do you want to make a positive difference to the lives of individuals experiencing mental health problems and distress?**

**If yes, then we want to hear from you, apply today to join our team...**

### **Who we are**

We are Kettering Mind, an independent registered charity affiliated to National Mind, we are a values based organisation that puts the individuals and communities we support at the heart of everything we do. For us it is not about making money but making a difference that counts. We deliver a range of mental health support services in Kettering and across North Northamptonshire.

### **About our team**

Kettering Mind is a truly unique place to work and all of our colleagues share our vision and values for providing high quality, person-centred support and services to individuals experiencing mental health problems and distress. As part of our team, you will have the opportunity to learn new skills, whilst making a positive difference to other people's lives.

### **Join our team**

We have an opportunity for a Resource Centre & Outreach Support Worker who shares our values, passion and commitment to join our team. Our Resource Centre offers a variety of support services including one to one support, crisis support, educational courses and workshops, wellbeing groups, peer support and external training services. You will be working as part of a friendly and dedicated team to provide responsive and personalised mental health and wellbeing support to individuals accessing our services.

An important part of your role will be working to increase the public profile of Kettering Mind through the delivery of a programme of engagement activities and outreach work within the local community. You will connect and build strong partnerships with other local organisations, community groups and underrepresented or marginalised communities to breakdown stigma and discrimination surrounding mental health by promoting positive attitudes, awareness and understanding.

### **Key tasks will include:**

- ✓ Facilitate social, educational, occupational and therapeutic courses, workshops and activities
- ✓ Support individuals experiencing mental health crisis and distress
- ✓ Provide personalised individual care packages for individuals accessing services
- ✓ Provide one to one emotional support to individuals
- ✓ Complete assessments, reviews and develop personalised support plans
- ✓ Support with the recruitment, induction, training, support and supervision of volunteers
- ✓ Take part in proactive partnership working, networking and outreach work through the delivery of community engagement events and training to enhance the public profile of Kettering Mind
- ✓ Liaise with other local organisations and community groups to promote mental health awareness and our services
- ✓ Design and deliver external training and awareness presentations on a variety of mental health and wellbeing topics

## **Working hours and area**

You will be based from our main office in Russell Street, Kettering working full time hours of 37 per week on a rota-based system including some evening, weekend and Bank Holidays shifts.

## **About you**

This should not just be a job for you but a passion! You will have a genuine desire to deliver the best possible standards of support to individuals that access our services. As part of our team, you will take pride in delivering professional, responsive and person-centred support.

You will need to have a background working in a similar role, ideally with a minimum of 2 years' experience working within a mental health setting providing support and interventions.

What you will need to be successful in this role is outstanding communication and relationship building skills, the ability to problem solve and work creatively and an empathic, caring, calm, patient and non-judgemental approach towards supporting others.

This role will require a driving licence with access to a car that can be used for work purposes. We reimburse work related mileage at 45 pence per mile.

You will need an enhanced Disclosure and Barring Service check for this role and if you don't already hold a valid check on the DBS update service then we will request and pay for this when you join.

Please read the full job description and person specification for a more detailed overview of the role: <http://www.ketteringmind.org.uk/get-involved/job-vacancies/>

## **Why work for us**

We offer competitive salaries and a NEST pension scheme with a 5% employer contribution rate. The starting salary for this role is £19,904 per annum and the full salary scale is from £19,904 to £22,536 per annum.

Looking after our team is a top priority and we strongly believe that work life balance is essential in building a happy and healthy workforce. We offer a generous holiday entitlement and access to 24 / 7 wellbeing support and services through our employee assistance programme.

We value dedication and commitment from our team and after 5 years continuous service we will reward you with an additional 5 days holiday.

## **How to apply**

So if you feel this is the role for you then let us know by completing our application form using the job description and person specification as a guide to assist you!

**If you would like to apply for the role, please download and complete the application form available on our website and send to [info@ketteringmind.org.uk](mailto:info@ketteringmind.org.uk)**

The closing date for all application forms will be Midnight on **Sunday, 17 July 2022**. Please don't delay and apply today as we may close the vacancy earlier than advertised if we receive sufficient suitable applications.

If you have any questions about the role or application process then please give us a call on 01536 523 216 and speak to Sarah Woodman.

Kettering Mind are an equal opportunities employer and a signatory of the Mindful Employer Charter. We believe that everybody deserves respect and together we can make a difference.